

Benefits of Training with Iowa Central

- Affordable Cost
- Experienced Trainers
- Flexible Training Facilities
 - We'll come to you for on-site training.
 - Access to Iowa Central's main campus facilities.
 - Training facilities at Iowa Central's East Campus.

Call us to get started!

Julaine Bidleman

Director of Economic and Community Education
Iowa Central Community College
One Triton Circle
Fort Dodge, Iowa 50501
(515)574-1900
bidleman@iowacentral.edu

Riley Blead

Assistant Director of Economic Development
Iowa Central Community College
One Triton Circle
Fort Dodge, Iowa 50501
(515)574-1908
bleam_r@iowacentral.edu

Training Program

The Safety Training Program is specialized in order to fit your business' needs. Select from any of the following areas for your training or we can customize classes to fit your needs.

- Customized training plans based on your needs
- On-site walk-through
- Training Assessment
- Specialized safety training for General Industry

View more details for each of these areas on the back of this sheet.

Meet the Trainer: Cindy Danielson



(515)574-1933
danielson@iowacentral.edu

Cindy Danielson joined Iowa Central Community College in 2018 following years of experience in industry holding positions such as Sales Manager, Human Resource Manager, Safety Manager as well as General Manager. It is in her role as the first Safety Manager for a company that she developed a systematic approach towards creating a safety culture and establishing safety policies. Cindy offers energetic, interactive safety programs that generate comments such as

“Best instructor I have ever had! Learned a lot and made it fun!”

“Good, practical training for all employees in a manufacturing environment.”

Training Menu

Customized Training Plans

- Identify needs
- Develop training programs
- Offer retraining
- Train the trainer
- Provide group training
- Provide individual training as selected

On-site Walk-Through

- Conduct risk and hazard analysis
- Identify problems
- Help in finding solutions

Training Assessment

- Provide regular consulting support

Safety Training in General Industry

- Confined space
- CPR & First Aid Training
- Fire safety
- Fire extinguisher
- Forklift safety
- Hazardous communication (MSDS)
- Bloodborne pathogens
- Housekeeping
- Proper lifting techniques
- Ladders and Scaffolding
- Walking & working surfaces
- Machine guarding
- Office safety
- Workplace violence
- Personal Protective Equipment
- Lockout/Tagout
- Material Handling
- Hazwoper
- Recordkeeping
- Welding
- Electrical
- OSHA General Industry 10 hour
- OSHA General Industry 30 hour
- Heat Stress
- Egress
- Hazardous Material Handling

Safety Training in Construction Industry

- Recordkeeping
- CPR & First Aid Training
- Material handling
- Tools — hand and power
- Personal Protective and Lifesaving Equipment
- Scaffolds
- Excavations
- Stairways and ladders
- Fall protection
- Cranes, Derricks, Hoists, Elevators & Conveyors
- Demolition
- Walking and working surfaces
- Electrical
- Welding
- Concrete & Masonry Construction
- OSHA 10 hour
- OSHA 30 hour
- Heat Stress

Customized Training
